



## PLAYBOOK

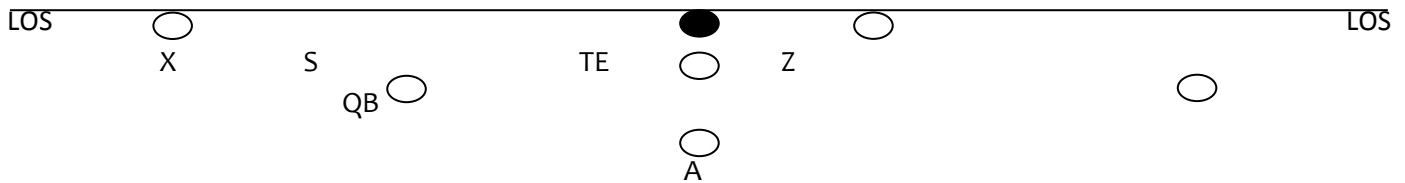
### OFFENSIVE FORMATIONS

QB- QUARTER BACK -A TAIL BACK -B FULLBACK - TE- TIGHT END

X WIDE RECEIVE -Z WIDE RECEIVER -S SLOT RECEIVER

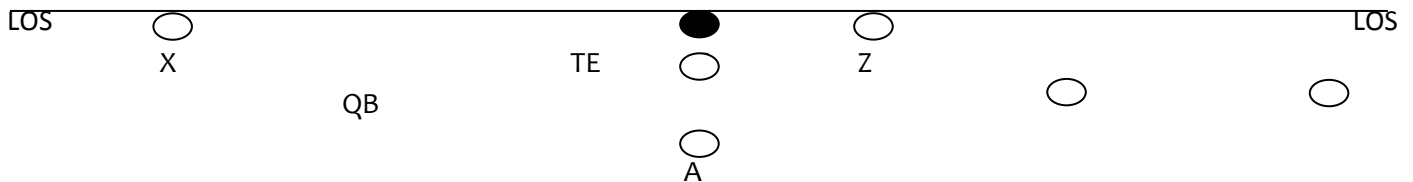
PERSONEL – 11

BACKFIELD SET – ACE FORMATION – DOUBLES / SLOT LEFT



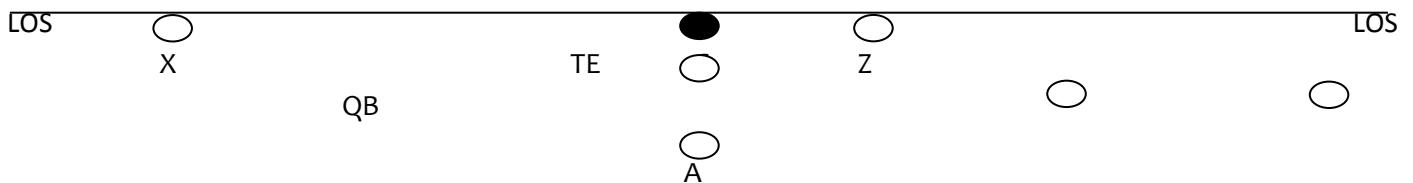
PERSONEL – 11

BACKFIELD SET – ACE FORMATION – TIGHT TRIPS RIGHT



PERSONEL – 11

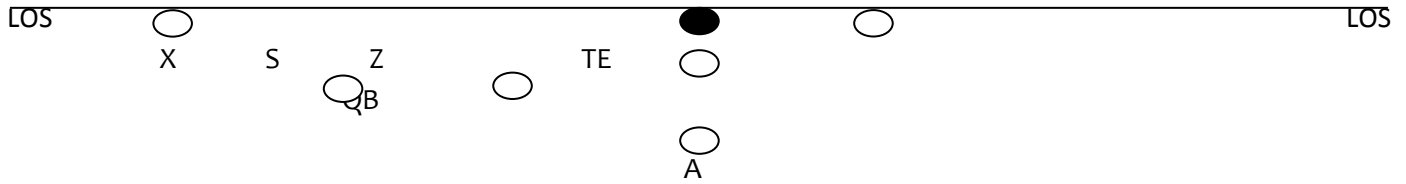
BACKFIELD SET – ACE FORMATION – TIGHT TRIPS RIGHT



PERSONEL – 11

BACKFIELD SET – ACE

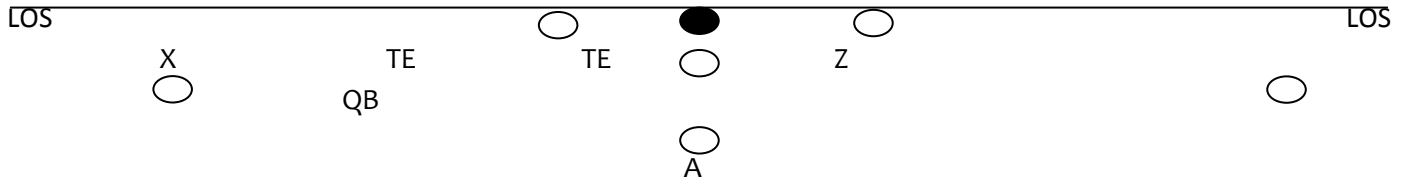
FORMATION – SLOT TRIPS RIGHT



PERSONEL – 12

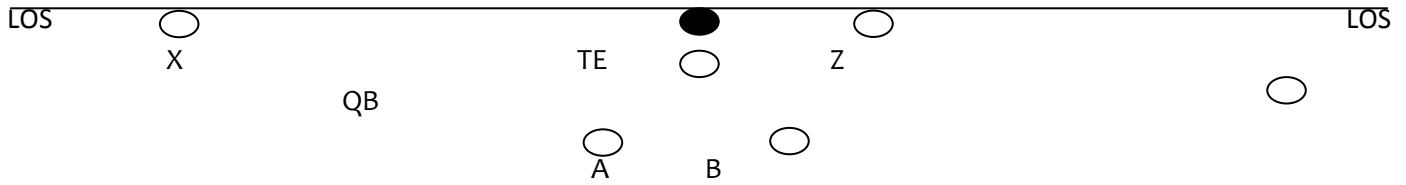
BACKFIELD SET – ACE

FORMATION – DOUBLE TIGHTS



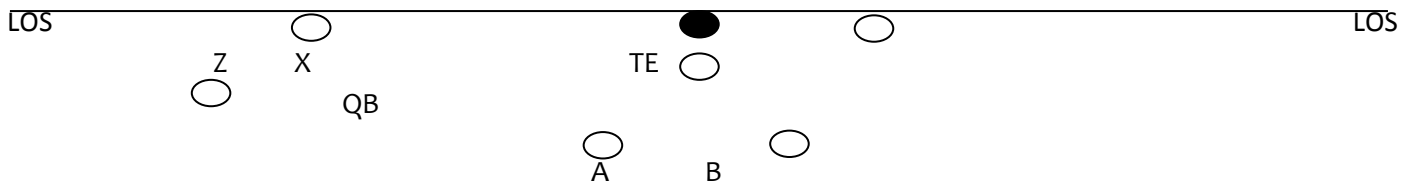
PERSONEL – 21

BACKFIELD SET – SPLITFORMATION – PRO - RIGHT



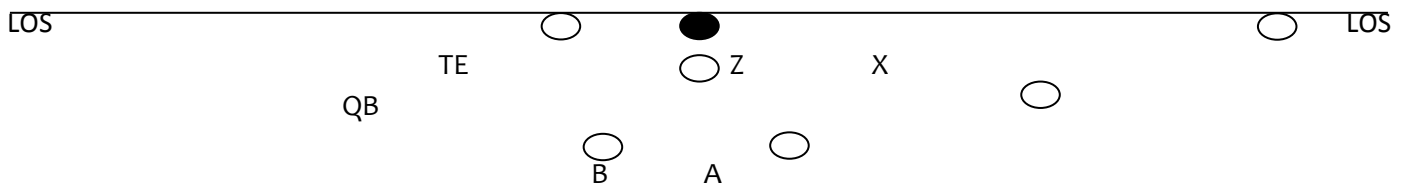
PERSONEL – 21

BACKFIELD SET – SPLITFORMATION – TWINS -LEFT



PERSONEL – 21

BACKFIELD SET – SPLITFORMATION – SLOT LEFT

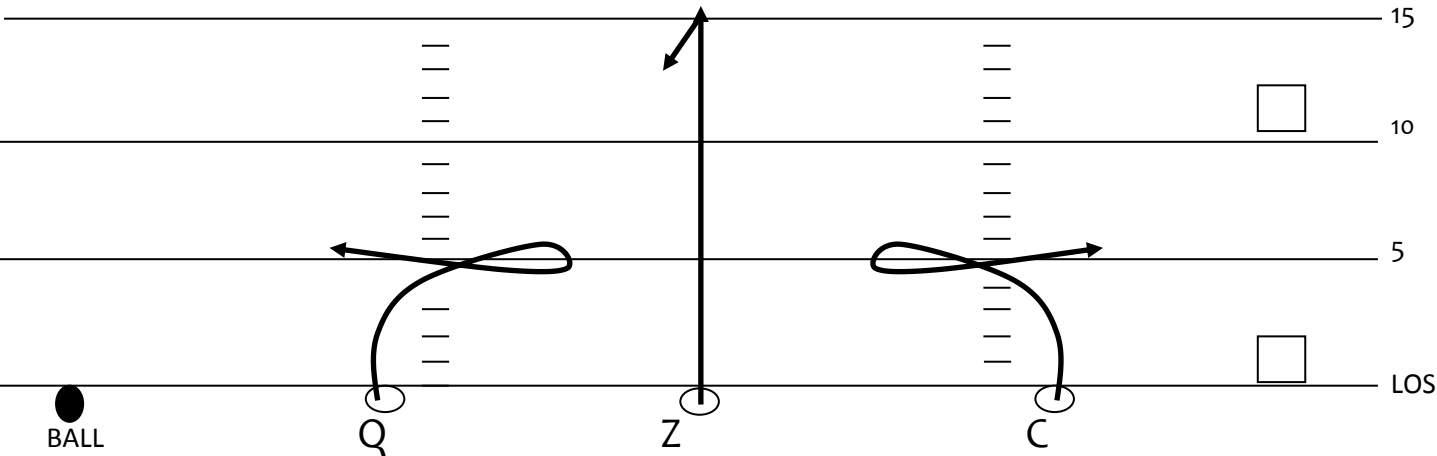


LETTER TREE

Q- SWIRL TO QB

Z – DEEP STOP

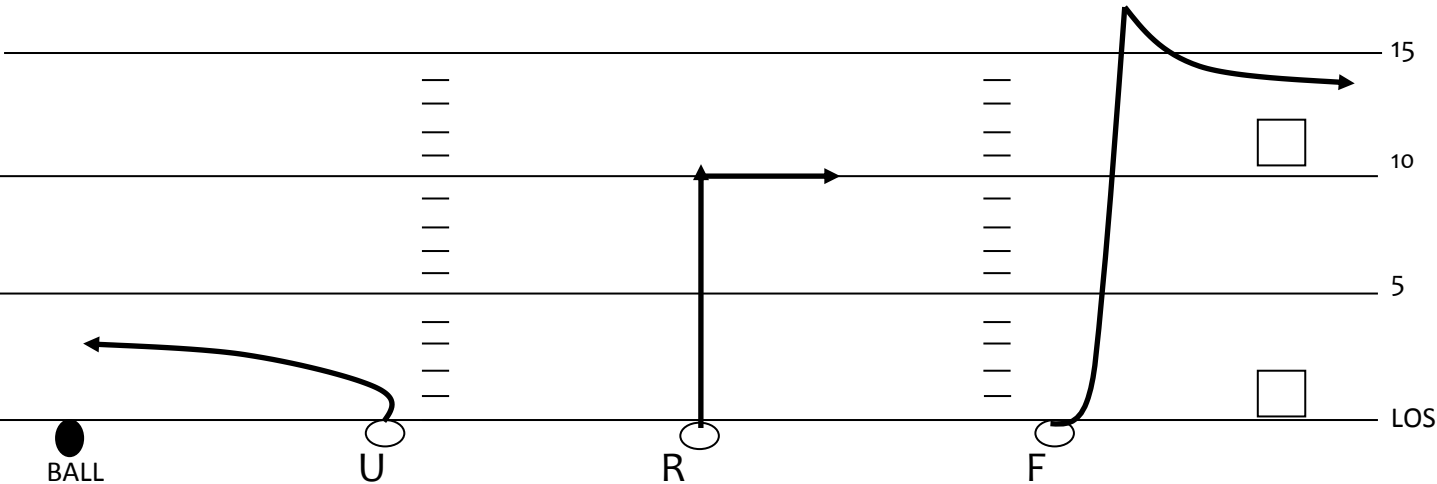
C – SWIRL TO COACH



U – UNDER

R – MIDDLE OUT

F – FADE BACK

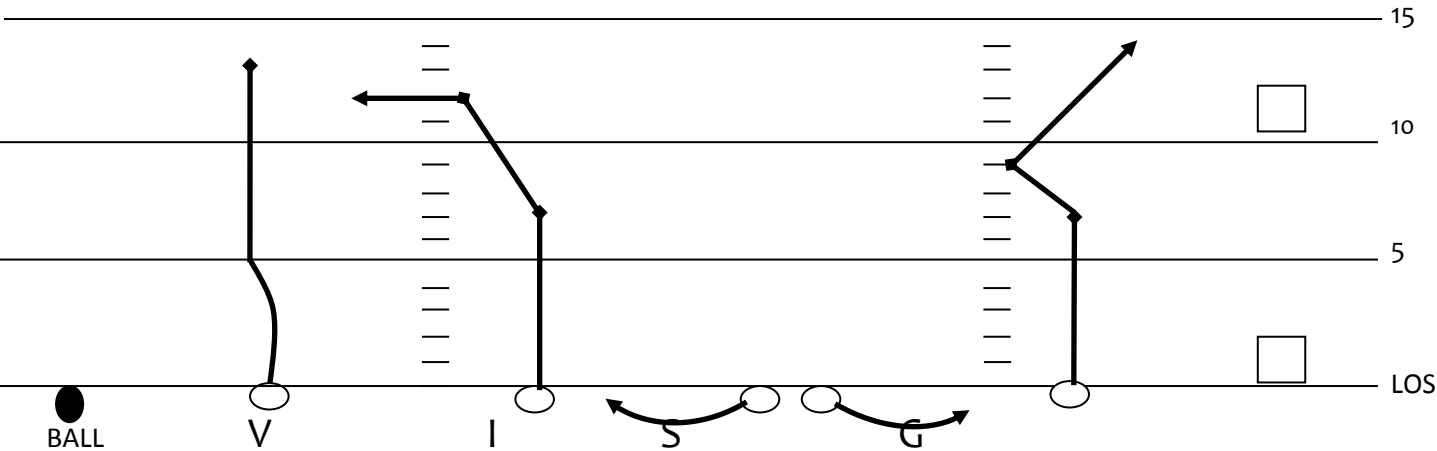


V - VERTICAL

I – DIG

S – SAIL/SINK

G – POST CORNER



NUMBER TREE

EVEN # - 0,2,4,6,8 = INS

ODD # - 1,3,5,7,9 = OUTS

0 = STOP (5 yards turn around -square)

1 = ARROW (5 yards cut down the line)

2 = SLANT (2 steps slant - outside foot up)

3 = OUT (10 yards cut to 9 yards)

4 = IN (10 yards cut to 9 yards)

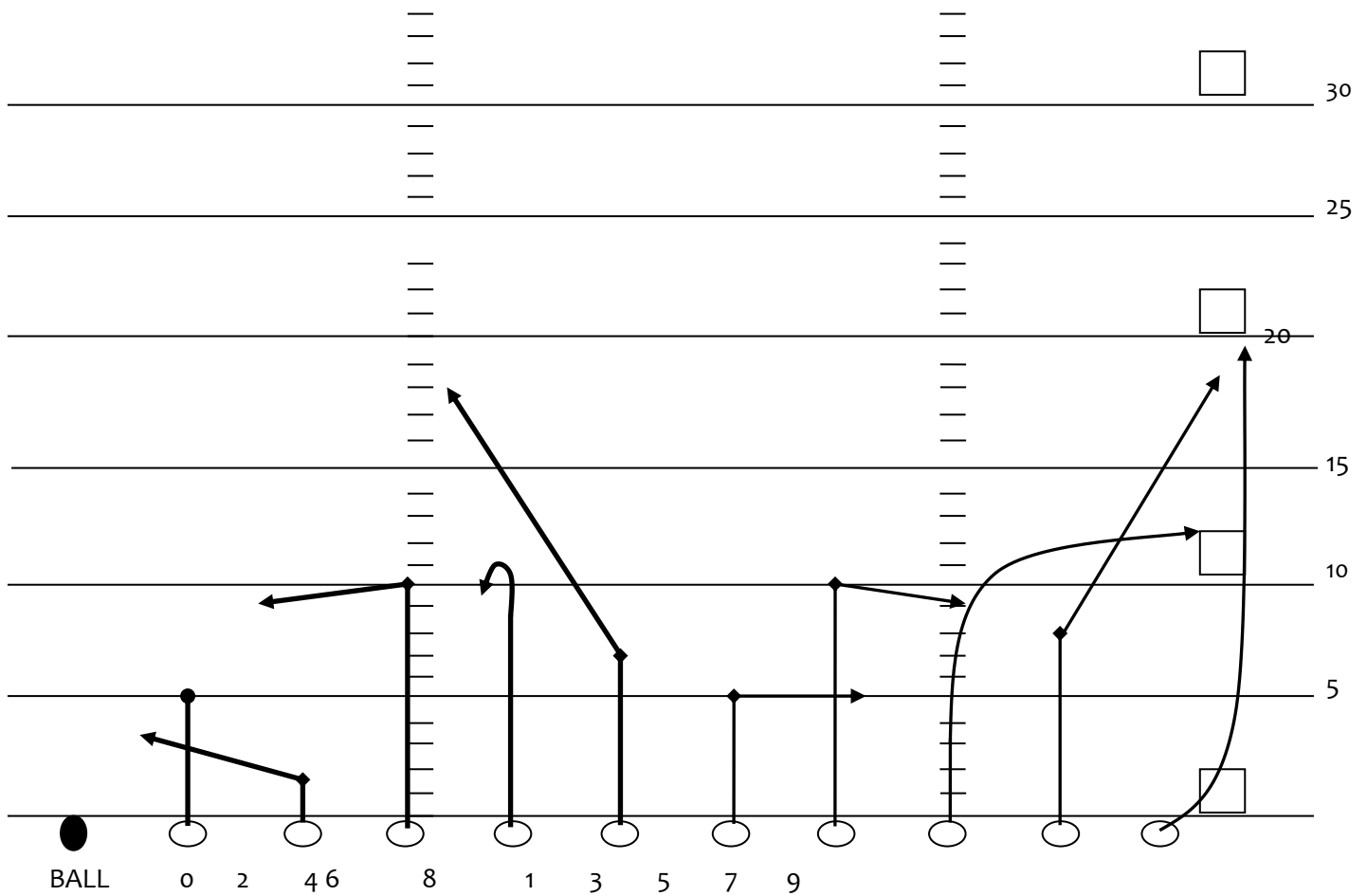
5 = BANANA (bend to 12 yards)

6 = CURL (11 yards)

7 = CORNER (8 yards cut)

8 = POST (7 yards cut)

9 = FADE



TRE SERIES = 3 STEP DROP FOR QB

CINCO SERIES = 5 STEP DROP FOR QB

FIRST NUMBER OR LETTER IS FOR # 1 WIDE RECEIVER

SECOND NUMBER OR LETTER IS FOR # 2 WIDE RECEIVER

TAGS ARE FOR TIGHT-ENDS AND RUNNING BACKS OR THIRD RECIEVER IN 3 X 1 FORMATION

RUNNING BACK TAGS- FLARE, FLAT, STREAK, ANGLE, CHAIR

PERSONEL – 11

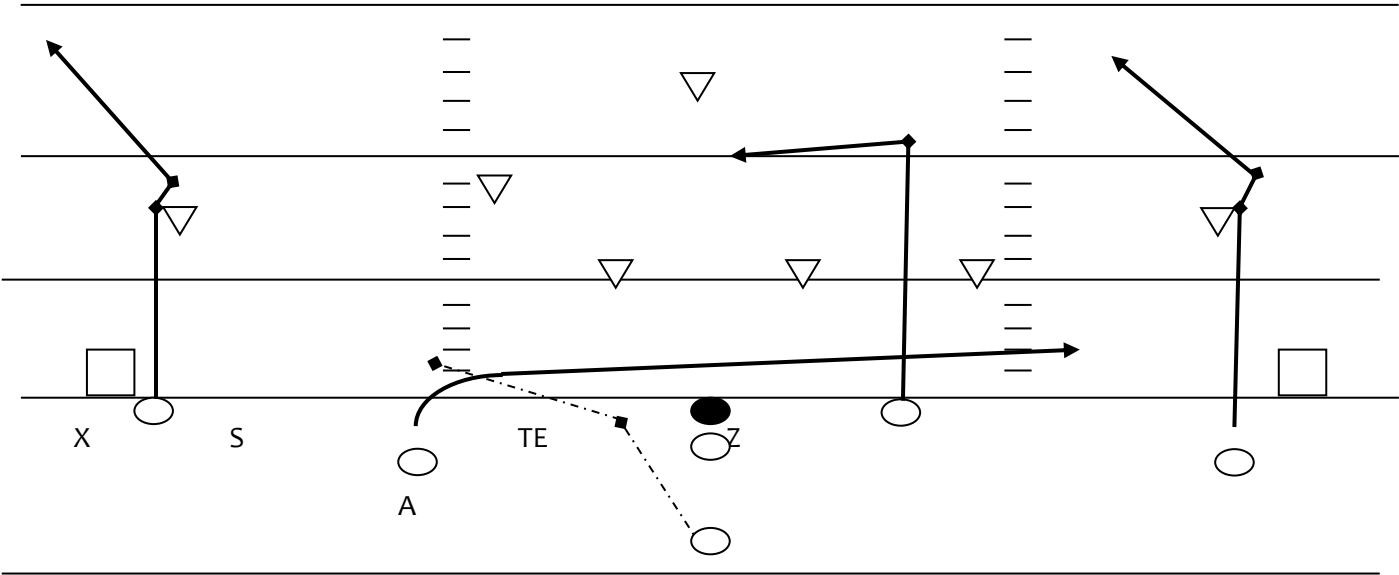
BACKFIELD SET – ACE

FORMATION – DOUBLES / SLOT LEFT

PLAY CALL – ACE-DOUBLES/ SLOT LEFT 7/4 (S) UNDER

FIRST # (7) IS FOR WIDEST RECIEVER ON BOTH SIDES OF THE BALL WHICH IS THE **X** AND THE **Z** RECEIVER

THE SECOND # (4) IS FOR THE NEXT RECEIVER TO THE INSIDE WHICH IS THE **TE**  
THE TAG IS FOR THE **S** RECEIVER HIS ROUTE IS THE (U) OR UNDER ROUTE  
**QB** – 5 STEP DROP    **X** – HAS 9 ROUTE    **Z** – HAS 7 ROUTE    **S** – HAS U ROUTE    **TE** – HAS 4 ROUTE    **A** – Hard Fake AWAY from TE flat

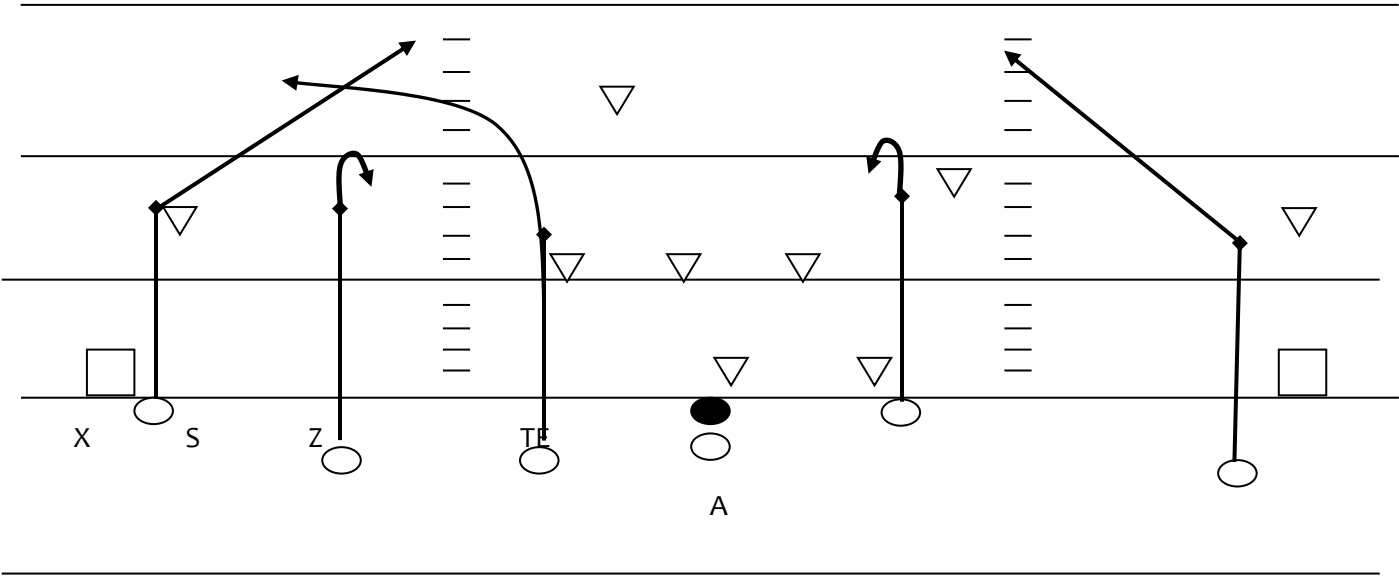


PERSONEL – 11      BACKFIELD SET – ACE      FORMATION – DOUBLES / SLOT LEFT

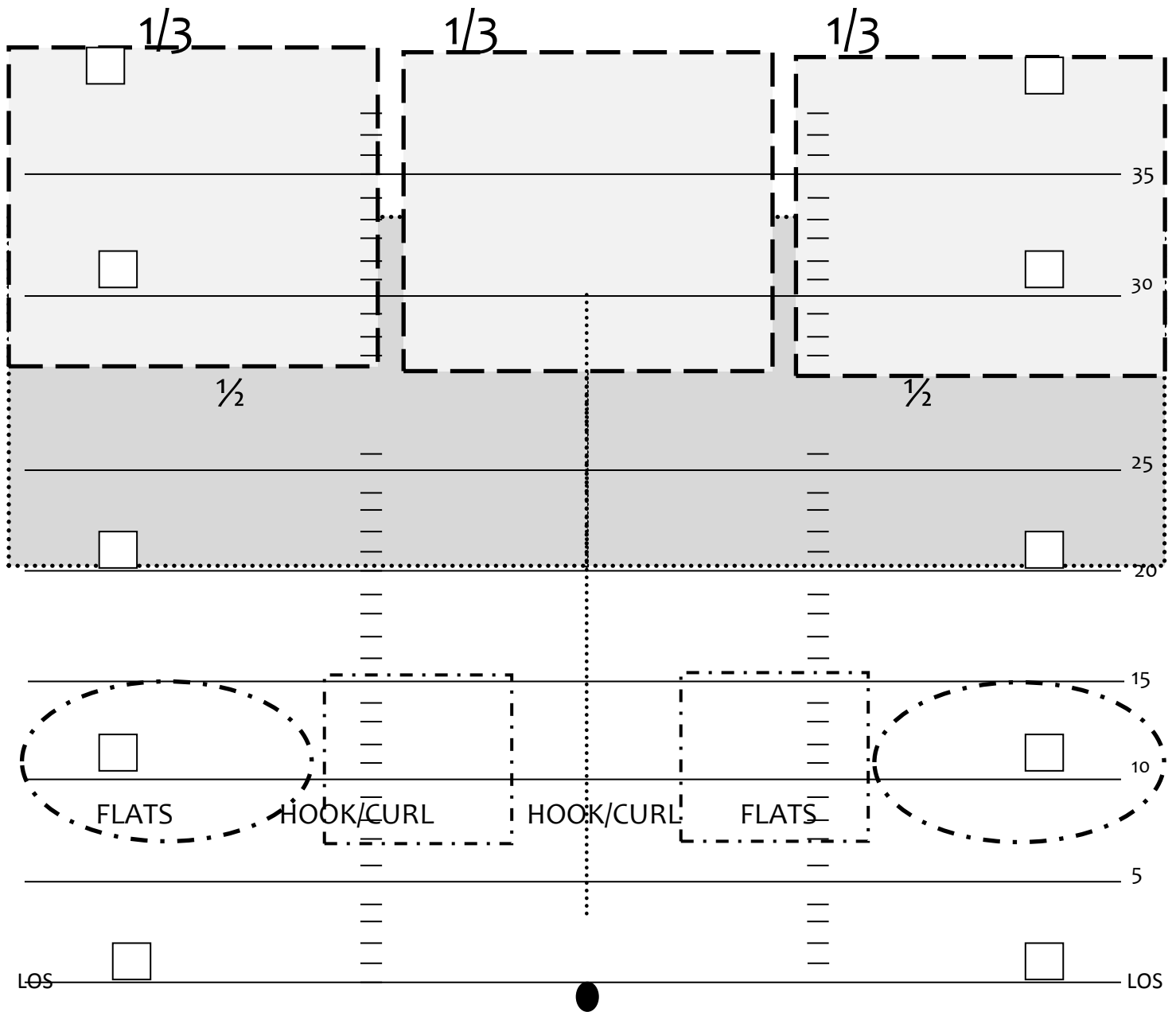
PLAY CALL – EMPTY SLOT TRIPS LEFT 8/6/5

FIRST # (8) IS FOR WIDEST RECIEVER ON BOTH SIDES OF THE BALL WHICH IS THE **X** AND THE **A** RECEIVER  
THE SECOND # (6) IS FOR THE NEXT RECEIVER TO THE INSIDE WHICH IS THE **TE** AND **S**  
THE THIRD # IS FOR THE **Z** RECEIVER HIS ROUTE IS THE (5) OR BANANA

**QB** – 5 STEP DROP    **X** – HAS 8 ROUTE    **Z** – HAS 5 ROUTE    **S** – HAS 6 ROUTE    **TE** – HAS 6 ROUTE    **A** – HAS 8 ROUTE



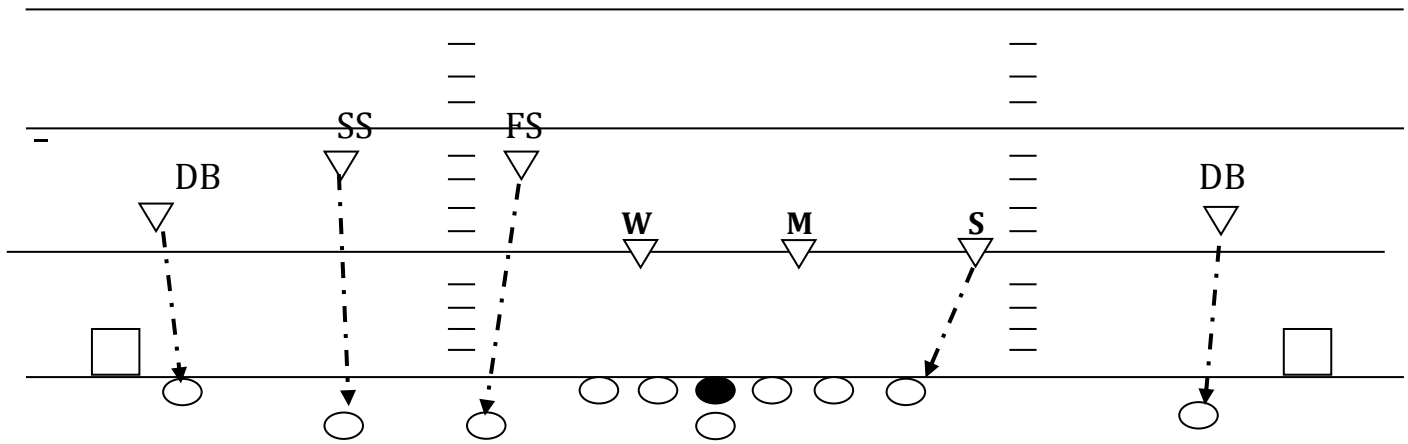
DEFENSIVE ZONE DROPS



DEPPENDNING ON THE DROPS AND ZONE COVERAGE  
THESE ARE THE AREAS WHERE WE NEED TO OCCUPY  
AND DEFEND

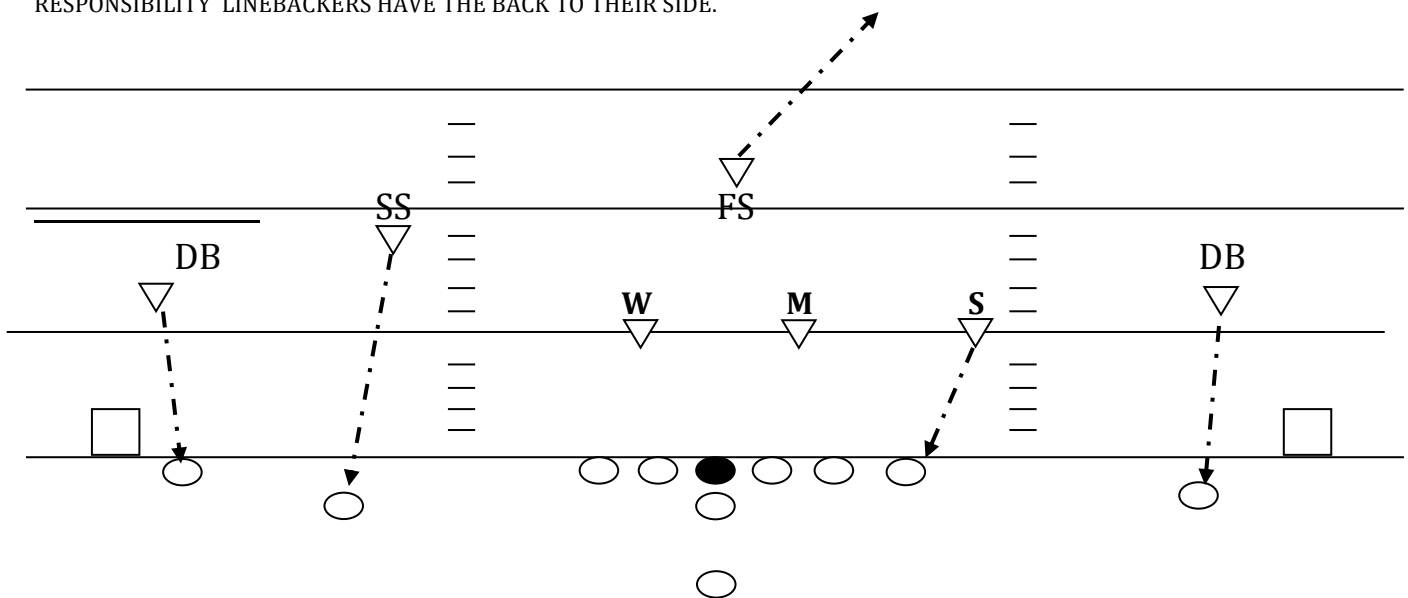
### COVER ZERO -MAN ]

THIS DEFENSIVE SET IS DESIGNED TO HAVE ALL THE RECIEVERS COVERED UP WITH DEFENSIVE PLAYER AND THE MIKE & WILL LINEBACKERS HELP UNDERNEATHE AND INSIDE FOR CROSSING RECIEVERS.



### COVER MAN/Free -zone - (TAMPA-2)

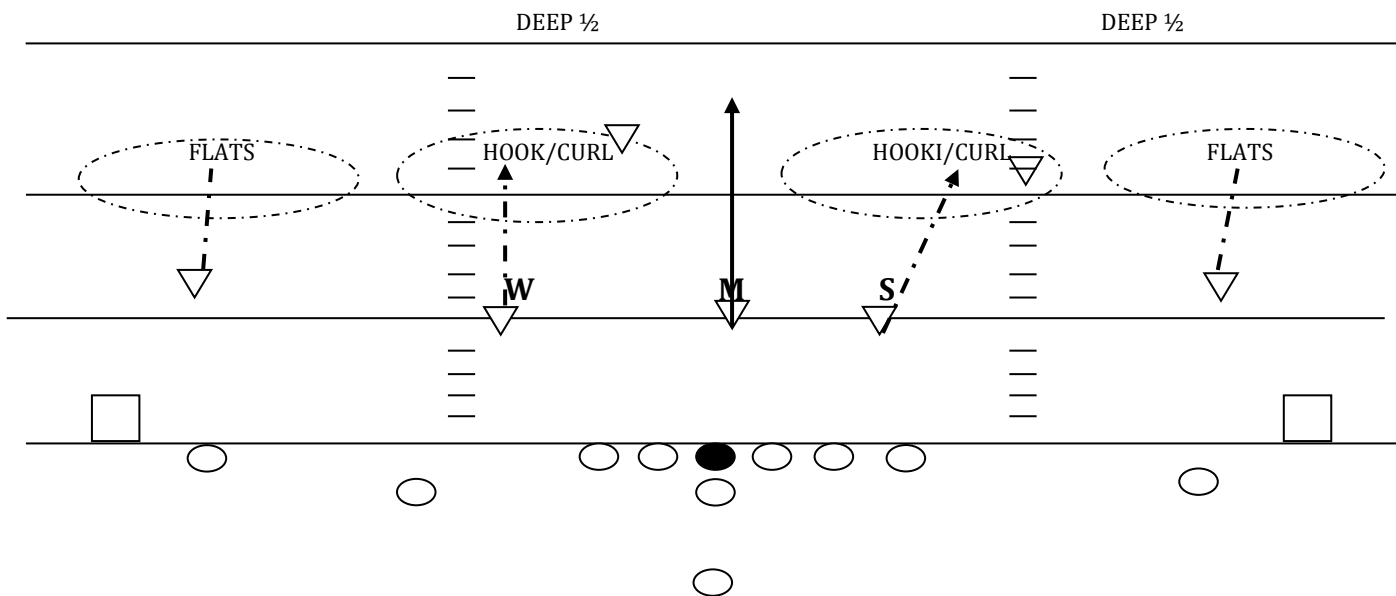
THIS DEFENSIVE SET IS DESIGNED TO HAVE ALL THE RECIEVERS COVERED UP WITH DEFENSIVE PLAYER WHILE THE FS HAS DEEP RESPONSIBILITY LINEBACKERS HAVE THE BACK TO THEIR SIDE.



### COVER 2 -zone -BLUE (TAMPA-2)

THIS DEFENSIVE SET IS DESIGNED TO DROP INTO ZONE COVERAGES WHERE THE DEFENDER WILL PROTECT THEIR ZONE FROM RECIEVERS. DEFENSIVE PLAYERS WILL BE LOOKING AT THE QB AND SCANNING THE FIELD FOR WIDE RECIEVERS.





### **COVER 3 -zone - RED**

THIS DEFENSIVE SET IS DESIGNED TO DROP INTO ZONE COVERAGES WHERE THE DEFENDER WILL PROTECT THEIR ZONE FROM RECIEVERS. DEFENSIVE PLAYERS WILL BE LOOKING AT THE QB AND SCANNING THE FIELD FOR WIDE RECIEVERS.

